

## Who should I contact in an emergency?

### **After Hours Emergency Contacts**

**If you require Police, Ambulance or Fire - phone 111**

If you need **immediate counselling support**, phone 0800 377 990

If you require any other **urgent assistance** phone: 0800 718 277

### **International Student Services Contacts**

**Hours:** Monday to Friday, 8.30am - 4.30pm

**Phone:** Please phone **0800 422 733** and select one of the following extensions:

- **865** or **651** - Cultural Advisor - International OR
- **780** - Learner Services Helpdesk

**Email:** [internationalsupport@nmit.ac.nz](mailto:internationalsupport@nmit.ac.nz) or

During your orientation to NMIT you will be given an emergency card with these details which you can keep in your wallet.

### **There are many people who can help**

Remember there are other students who know exactly how you are feeling and who can answer your questions. You can also talk to your host family and people employed at NMIT to help you adjust and enjoy your time here. ***It is very important that you talk to somebody if there is something that is worrying you. We are all here to help make your time at NMIT as good as possible.***

We understand how overwhelming your first few weeks in a different culture can be and the difficulties you may be experiencing. If you have a query or are unsure of something, please contact the international support team.

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