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## What is Māori culture?

Sarah Ryder - 2021-04-22 - [Living in New Zealand](#)

Māori are the indigenous people of New Zealand. Māori culture is a very central part of life here and this includes Māori food, language, and customs. Even if you're just living here for a short time, it's important that you know, understand and respect Māori customs and how to interact in Māori culture.

Read more about Māori culture and tikanga Māori, the Māori way of doing things here:

<https://naumainz.studyinnewzealand.govt.nz/help-and-advice/life-and-culture/new-zealand-culture>

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