



[Knowledgebase](#) > [International students](#) > [Studying](#) > [What if I am sick?](#)

## What if I am sick?

Sarah Ryder - 2021-08-06 - [Studying](#)

If you are sick and unable to come to classes, you must:

- [make a doctor's appointment](#) or call 0800 718 277 for if you need urgent assistance from an NMIT Wellbeing Support Team member.
- email your tutor email with your student ID number, name and your reason for not attending class. If you are an international student, email [international@nmit.ac.nz](mailto:international@nmit.ac.nz) as well.
- visit your doctor/dentist and ask for a medical certificate.
- email a copy of your medical certificate to your programme area and your tutor. If you are an international student, please email [international@nmit.ac.nz](mailto:international@nmit.ac.nz) too. Immigration New Zealand requires international students to provide evidence of genuine reasons for absences.

### Related Content

- [Who can I talk to for help?](#)
- [How do I make an appointment to see a doctor?](#)
- [What if I have an accident?](#)
- [What if I become pregnant?](#)