

## What can Careers New Zealand do for me?

Rachel Rees - 2022-01-13 - Careers and employment

Are you in work, out of work or currently training? Careers New Zealand can help you plan your career path or make changes to your current situation. What is your need?

- Career ideas, help with choosing subjects or support during a career transition?
- Job hunting skills, including job vacancies, CV writing, cover letters and job interviews?
- Information on the current labour market, scholarships, grants and awards?

The Careers New Zealand staff are experienced career consultants, trained to assist you with the above and more.

For more information or to talk with a career expert or email an enquiry visit

[careers.govt.nz](https://careers.govt.nz).

Related Content

- [What is careers counselling?](#)
- [Does NMIT provide careers advice?](#)