

## What are some useful contacts in Blenheim?

Sarah Ryder - 2021-10-27 - Settling in

### **New Zealand Police**

**In an emergency, please phone 111**

**Phone:** (03) 578 5279 (non-emergency)

**Address:** Blenheim Police Station, 8 Main Street, Blenheim

[www.police.govt.nz](http://www.police.govt.nz)

### **New Zealand Post**

New Zealand Post is the main operator of postal services in New Zealand. Its website provides information on postal rates within New Zealand and overseas.

**Phone:** 0800 501 501

**Address:** Main Street, Blenheim

[www.nzpost.co.nz](http://www.nzpost.co.nz)

### **Community Law Service**

Community Law Service provides FREE legal services to residents of Blenheim.

**Phone:** (03) 577 9919 or 0800 266 529

**Address:** Community Law Marlborough, 16 Market Street, Blenheim

[www.commlawmarlb.org.nz](http://www.commlawmarlb.org.nz)

### **New Zealand Family Planning**

Family Planning are available to help with your sexual and reproductive health. They can offer you health information, clinical services, education, training and research. They work with people of any gender, age, ethnicity or sexual orientation.

**Phone:** (03) 578 3047

**Address:** Renown Building, 68 Seymour Street, Blenheim 7201

[www.familyplanning.org.nz](http://www.familyplanning.org.nz)

## Medical Centres

- Doctors are seen on a casual basis until you are registered. For an appointment, phone the duty clinic on the days mentioned below.
- Ask the price and keep all your receipts. It costs about \$72 (this price may vary) for a visit, plus medicines. Some medical centres also have a dental clinic.
- Once you have visited a doctor, you can ask if you can register with them. You may have to wait for a period of time before becoming a registered patient.

**Springlands Health**  
**Phone:** (03) 578 0979  
139 Middle Renwick Road  
Springlands, Blenheim

**MONDAY**

**Lister Court Medical**  
**Phone:** (03) 578 5599  
16 Francis Street, Blenheim

**TUESDAY**

**Scott Street Health**  
**Phone:** (03) 578 0199  
47 Scott Street, Blenheim

**WEDNESDAY**

**Francis Street Medical**  
**Phone:** (03) 578 5252  
16 Francis Street, Blenheim  
(Same address as Lister Court Medical)

**THURSDAY**

**Redwoodtown Doctors**  
**Phone:** (03) 578 0470  
72 Cleghorn Street, Redwoodtown, Blenheim  
[www.gponline.co.nz](http://www.gponline.co.nz)

**FRIDAY**

**Marlborough After Hours Doctors Clinic**  
**Phone:** (03) 520 6377  
Wairau Hospital, Gate 2, Hospital Road, Blenheim  
*Dentist available Saturday & Sunday*

**SATURDAY & SUNDAY**

## OCP

NMIT students have access to a counselling service provided by OCP, a professional company that offers the services of a team of independent counsellors and psychologists throughout New Zealand. First language support is available for international students.

**Freephone:** 0800 377 990

[www.ocp.co.nz](http://www.ocp.co.nz)

### **Real Estate Companies**

#### **Summit Real Estate - Blenheim**

**Address:** 30 Alfred Street, Blenheim

**Phone:** (03) 578 3366

**Hours:** 9.00am - 5.00pm

#### **Mark Stevenson First National Real Estate Ltd**

**Address:** 62 Market Street, Blenheim

**Phone:** (03) 578 3537

**Hours:** 8.30am - 5.00pm

[www.firstnational.co.nz](http://www.firstnational.co.nz)

#### **Harcourts Marlborough**

**Address:** 1 Scott Street, Blenheim

**Phone:** (03) 578 0888

**Hours:** 9.00am - 5.00pm

[www.marlborough.harcourts.co.nz](http://www.marlborough.harcourts.co.nz)

### **Speakout**

A racist incident is when someone is treated badly due to the way they look, how they speak or where they are from. If you wish to report a racist incident and receive help, please contact as follows:

**Emergency:** dial 111

**Phone:** 0508 773 256 (0508 SPEAKOUT)

**Website:** [www.speakout.org.nz](http://www.speakout.org.nz) (you can report online)

You can also visit the **Human Rights Commission** website to learn your rights in New Zealand to a just and fair society.

**Website:** [www.hrc.co.nz](http://www.hrc.co.nz)

### **The Marlborough Migrant Centre**

The Marlborough Migrant Centre is a not-for-profit organisations supporting migrants and newcomers and the wider local community.

**Phone:** (03) 579 6410

**Address:** Marlborough House, 21 Henry Street, Blenheim

**Office hours:** Monday to Thursday, 10.00am to 3.00pm

[www.migrantcentre.org.nz](http://www.migrantcentre.org.nz)

## **Supermarkets**

### **Countdown supermarkets**

51 Seymour Street, Blenheim

93 Weld Street, Redwood town

133 Middle Renwick Road, Springlands

[www.countdown.co.nz](http://www.countdown.co.nz)

### **New World**

4 Freswick Street, Blenheim

[www.newworld.co.nz](http://www.newworld.co.nz)

### **PAK n SAVE**

1 Westwood Avenue, Springlands

[www.paknsave.co.nz](http://www.paknsave.co.nz)

## **Local Grocers**

### **Real Foods Grocer**

**Address:** 25 Redwood Street, Blenheim

**Phone:** (03) 578 3300

**Hours:** Mon to Fri: 8.30am to 5.30pm, Sat 9am - 3.00pm

*Car parking in front of store*

### **Anita's Asian Food and Organic Shop**

**Address:** 39 Queen Street, Blenheim

**Phone:** (03) 579 5684

**Hours:** Mon to Fri 9.00am - 8.00pm, Sat & Sun 10.00am - 8.00pm

### **Mr Asian and Noodle Corner**

**Address:** 21 Alfred Street, Blenheim

**Phone:** (03) 577 9918

**Hours:** Mon to Sat 11.00am - 8.00pm

### **Rogers Kitchen**

Indian restaurant with small shop

**Address:** 57 Seymour Street, Blenheim

**Phone:** (03) 579 4060

**Hours:** Mon to Sun 4.00pm - 10.00pm

## **Markets**

### **Marlborough Farmers Market**

**Address:** 24 Maxwell Road, Blenheim

**Hours:** Sundays, 9.00am - 12.00pm

### **Car Boot Market**

**Address:** Railway Station Carpark, Blenheim

**Hours:** Saturdays, 8.00am - 12.00pm

### **Marlborough Artisan Market**

**Address:** 32 Wynen Street, Blenheim

**Hours:** Saturdays, 9.00am - 1.00pm

### **Redwood Market**

**Address:** Tavern car park, Redwood town

**Hours:** Saturdays, 8.00am - 12.00pm

### **Marlborough District Library**

**Address:** 33 Arthur Street, Blenheim

**Phone:** (03) 520 7491

[www.marlboroughlibraries.co.nz](http://www.marlboroughlibraries.co.nz)

## **Movie Theatres**

### **Top Town Cinemas**

**Address:** 4 Kinross Street, Blenheim

**Phone:** Movie Information Hotline: (03) 577 5559

[www.toptowncinemas.co.nz](http://www.toptowncinemas.co.nz)

## **Newspapers**

### **The Marlborough Express**

Daily broadsheet newspaper that comes out from Monday to Friday. Wednesday and Friday are the best days for finding rentals.

### **The Saturday Express**

A free weekly tabloid newspaper that comes out on a Saturday and has rentals.

### **The Marlborough Mid-Week**

A free weekly tabloid that comes out on Wednesdays. It sometimes has ads for rental property.

### **The Blenheim Sun**

A free weekly tabloid that comes out on Fridays. It sometimes has ads for rental property.

### **Buy Sell & Exchange**

A free weekly tabloid newspaper full of classified ads that comes out on Thursdays.

## **Secondhand Furniture Stores**

### **The Blue Door Shop**

**Address:** 53 Charles Street, Blenheim (*near Countdown in town*)

**Phone:** (03) 579 4353

### **The Salvation Army Family Store**

**Address:** 16 Scott Street, Blenheim

**Phone:** (03)578 3238

## **Blenheim Postcode**

The postcode for Blenheim is **7201**

## **Blenheim Phone Area Code**

The phone area code for Blenheim is **03**

## **Tourist Information**

iSITE is a travel service and provides itinerary planning and information. It provides:

- Bookings nationwide - accommodation, transport, activities, attractions
- Free maps, weather and mountain safety information
- Local information - events, attractions, restaurants and more

**Address:** Blenheim i-SITE Visitor Information Centre, 8 Sinclair Street, Blenheim

**Phone:** (03) 577 8080

[www.marlboroughnz.com](http://www.marlboroughnz.com)

## **Things to do in Blenheim**

- Visit [Millennium Art Gallery](#), [Marlborough Gallery](#) and [Brayshaw Heritage Park](#)
- Art and craft trail and winery tours
- Visit the markets
- Explore [Wither Hills Farm Park](#) by foot or by bike
- Visit [Omaka Aviation Heritage Centre](#)
- Walk around [Pollard Park](#) and [Seymour Square](#)

## **Things to do in the Marlborough Region**

- Swim with the dolphins and sea kayaking tours in Picton and Waikawa

- Whale watching at Kaikoura with Whale Watch
- Have a picnic and swim at the beautiful Pelorus Bridge Scenic Reserve
- Drive around Queen Charlotte Sound from Picton
- Visit rocky Rarangi beach and the sandy shores of White's Bay

For more information about these activities and more, see [www.marlboroughnz.com](http://www.marlboroughnz.com)

### Driving Times from Blenheim

From	km	Time
Blenheim to Nelson	116	1hr 45 min
Blenheim to Woodbourne	10	10 mins
Blenheim to Picton	29	30 mins
Blenheim to Kaikoura	128	1hr 50 mins
Blenheim to Christchurch	308	4hrs
Picton to Nelson	144	2hrs