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Rachel Rees - 2023-02-01 - Studying

If you are feeling stressed out or worried about any issues that are affecting your studies, come and see the Wellbeing Support team in the Library Learning Centre, or email wellbeing@nmit.ac.nz

The Wellbeing Support team will listen, and can help connect you with <u>counselling services</u> or other <u>wellbeing support providers</u>.

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- How can the Learner Services Team help me?
- Learner Services contact details