

## Why NMIT do not recommend VPN or Anonymous Proxy usages?

helpdesk@nmit.ac.nz - 2024-12-13 - Stay Safe Online

### **Important Update: VPNs and Anonymous Proxies Pose Cyber Risks**

Dear Students and Staff,

Some users may encounter issues while trying to connect to NMIT resources. If you're having trouble accessing our systems, it's important to check that you're not using a VPN or an anonymous proxy.

While VPNs and proxies can help mask your online identity and provide a layer of privacy, they are **not designed for security**. In fact, they can introduce significant cyber risks:

- **Data Exposure:** Some VPN or proxy services may log your activity or share your data with third parties.
- **Compromised Connections:** Free or unverified services can route your traffic through insecure or malicious servers.
- **Access Denial:** Using such tools may trigger our security measures, blocking your access to critical resources.

Remember, privacy tools like VPNs and proxies do not guarantee protection against cyber threats. Instead, they can inadvertently weaken our network's defences.

To maintain a secure and reliable connection to NMIT Systems, always connect directly and avoid using VPNs or anonymous proxies.

If you continue to face connectivity issues, feel free to contact our IT support team at [ServiceDesk@nmit.ac.nz](mailto:ServiceDesk@nmit.ac.nz).

Stay cyber-safe,

NMIT Cyber Security Team