NMIT COMMUNITY HEALTHCARE SERVICE REFERRAL 2017

Accident/Medical incident on Campus = Dial 0 for a first aider Emergency 1-111 Ambulance

After Hours Security *305/027 449 8494 Mon-Thur 5.15-11pm Fri 5.15 – 9pm

24 hours Critical/ Urgent mental health issue – <u>life threatening risk</u>	CAT – Crisis Assessment Team, Nelson region from Rai Valley to Tapawera to Riwaka	03 546 1421 8am -4:30pm Monday to Friday excluding public holidays After Hours phone Nelson Hospital 03 546 1800 and ask for on-call crisis team.	Calls/referrals will be triaged and assessed by on-call Team, or referred to appropriate service.	Free Service
Accident and emergency	After Hours Doctor **Duty staff**	**03 546 1800** **Waimea Rd, Nelson**	Accidents or emergencies that require instant medical care.	Free Service
Medical & Injury Centre	8am – 10pm	**04 546 8881** **98 Waimea Road – right next to hospital**	All medical needs/enquiries. Discount for community service card	Non resident $110– $130 resident $65-$75
Alcohol and Drug assistance	Addiction services	**03 5461994** **9am-4pm** **Duty staff** **31 Pascoe St, Tahunanui**	Self referal, ring for appointment Assistance with addiction support help and advice.	Free Service
Blood, Urine or Vomit Spill	Spills on Campus	***310 4am – 1pm cleaners** **Extn 618 Reception Facilities** **H Block, Nelson Campus** **Spill Kits available** Ake Ake Café & Saniti **N** Block Rata Room **T** Block Learning Library Centre **M** Block	For cleaning up of bodily fluids on campus	Free Service
Collingwood Health	GP and other services.	**03 548 8663** **Unit 2/105 Collingwood Street.** **Mon-Fri 9-6pm** **www.collingwoodhealth.co.nz**	• General Practice service – bookings advisable • Sports and injury care • Urgent illness care • Family care services • Onsite X-ray, Physio & Pharmacy	NZ Students $30 International Students $69 with current NMIT student ID.
Dentist Emergency & General Dental	Gentle Dental	**03 548 4601** **Richard** **348 Hardy St, Nelson** **info@gentledentalnelson.co.nz** **www.gentledental.co.nz**	All dental assistance • Short notice appointments for emergencies	$103.50 incl.gst checkup and x ray
Counselling - emotional	Life Linc Nelson	**03 548 2400** **Harriet Denham**	Face to Face confidential counselling for individuals and couples.	Low Cost from $10
Male Counselling	The Male Room	**03 548 0403** **0272618278** **pchapman@ts.co.nz** **Phillip Chapman** **Owner/Manager** **28 St Vincent St** **Nelson** www.maleroom.co.nz www.facebook.com/maleroominc	**Counselling for men by men** • Relationship/motivation • Breakup/Sep. legal advice • One-night stays • Victims of family violence Assistance obtaining Police safety orders • 1/1 Skype/ACC • Counselling/Peer support • Sex Addiction/Pornography	Free Service Advocating on behalf and accompanying clients to meetings

Māori Health Services **Te Piki Oranga** **&** **Pacific Island**	Tamariki, Taiohi and Pakeke Multi - Disciplinary Health & Social Services	**Michelle Edwards, Clinical Leader, 035469099** michelle.edwards@tpo.org.nz **Whakatu Marae** **Nelson -** 99 Atawhai Drive, **03 546 9099** **Richmond - Head Office** 281 Queen St **03 5437016** **Motueka -** 133 Pah Road **03 5281155**	Whanau Ora Health and Social Services, with a Māori cultural focus • Youth Wellness • Health Prevention Education • Smoking Cessation • Suicide Prevention	Free Service
Mental Health Team	Nelson Mental Health Single point of entry	**03 546 1870 – Nelson existing clients** **03 546 1466 – Tasman Mental Health Stoke to Golden Bay** **0800 776 364 - New clients** **03 546 1800 – Urgent out of hours**	**Non Urgent** Mental Health Support/Medication **Urgent** Mental Health Support Mobile Community Team – out of hours	Free Service
NMIT Counselling Support Service	Counselling Service	**027 246 6711 NMIT Nelson Campus on–site 8.30am – 5pm Monday – Friday only** **Blenheim Campus: 027 246 2152**	Confidential Counselling service provided by NMIT senior counselling students	Free Service
OCP National Support	Counselling Service	**Urgent Assistance 0800 377 990 24/7 Counselling support** **First language support speakers available by Phone, email or SKYPE** **For further information, contact NMIT Library Learning Centre Help Desk** **0800 422 733 ext.780** studentsupporthelp@nmit.ac.nz	24 hour Professional & Confidential counselling about: • Personal relationships • Financial concerns • Study issues • Anxiety & Depression • Grief • Alcohol & Drugs • Family Concerns	Free Service Up to three free sessions with current NMIT student ID
Self Service Needle disposal	Safe Needle Disposal	**N Block toilets** **Nelson Campus.** **Contact ext. 723 if full**	Safe Needle Disposal Provided on campus for NMIT students.	Free Service
Victim support	Support in Crisis	**03 546 3847** **0274526212** **Donna Smith Coordinator** **St Johns Street, Nelson** Donna.smith@victimsupport.org.nz **If Urgent Ph 0800 842 846**	**24-hour** support by trained volunteer workers for victims and witnesses of crisis, crime, trauma and victims dealing with the court system.	Free Service
Women in violence with housing crisis	Women's and Children's Refuge	Staff.whakaturefuge@xtra.co.nz **Duty Staff** Assessment for Safe house criteria carried out on contacting the Refuge. **03 548 3353 0r 0800 163 344**	Emergency Temporary housing and support for women and children escaping violence. 9am-3.30pm	Free Service
Women Nurses & Doctors – Sexual Health	INP Medical	**03 546 8155** gabi@inp.co.nz **Gabi Henz Practice Manager** **18 Nile Street, Nelson**	Women & Men's sexual health clinic, NZ residents **under 22 are free**.	NZ Resident Community Service Card $36 without $54+ lab check non residents

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